

Fact Sheet Compiled by: Veronica Cowl

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We would highly encourage any institutions using contraception in their animals to assess the efficacy and safety of the bout through hormonal, and behavioural monitoring. If you would like more information on how to do this please contact EGZAC.

Contraceptive methods	GnRH agonist (implant)	GnRH agonist (injection)	GnRH vaccine (injection)	Progestogen (implants)	Progestogen (implants)	Progestogen (Oral)	Progestogen (injection)	Progestogen (injection)	Surgical/Permanent
Contraceptive Product:	Deslorelin acetate	Luprolide acetate	GnRH protein conjugate	Etonogestrel 68 mg	Levonorgestrel 2x 75mg	Megestrol acetate	medroxyprogesterone acetate;	proligestrone 100mg/ml	
Commercial Name:	Suprelorin ®	Lupron ®	Improvac®	Implanon [®] Nexplanon [®]	Norplant®	Ovarid®	Depo-Provera [®] , Depo-Progevera [®]	Delvosteron®	
Product Availability:	4.7mg ('Suprelorin 6') and 9.4 mg ('Suprelorin 12') widely available through veterinary drug distributors in the EU.	Luprolide acetate licenced for human use	Available through veterinary drug distributors.	Manufactured by Bayer Schering Pharma AG. Available through human drug distributors	Manufactured by Organon. Available through human drug distributors	Manufactured by Virbac, available through veterinary distributors	Manufactured by Pfizer. Widely available throughout Europe through human drug distributors.	Manufactured by MSD animal Health UK Intervet Europe. Licensed for use in female dogs, cats, and ferrets; available through veterinary distributors.	N/A
Restrictions and/or permit required by Importing Country:	EGZAC recommends: always check with your local licencing authority	Data deficient	Current knowledge: widely available throughout European countries. EGZAC recommends: always check with your local licencing authority	EGZAC recommends: always check with your local licencing authority	EGZAC recommends: always check with your local licencing authority	EGZAC recommends: always check with your local licencing authority	EGZAC recommends: always check with your local licencing authority	EGZAC recommends: always check with your local licencing authority	N/A
Mechanism of action:	GnRH agonist suppress the reproductive endocrine system, preventing production of pituitary and gonadal hormones. As an agonist of the GnRH initially stimulates the reproductive system -which can result in oestrus and ovulation in females or temporary enhancement of testosterone and spermatogenesis in males- therefore additional contraception needed during this time. Please see below and refer to Deslorelin datasheet for detailed information	GnRH agonist suppress the reproductive endocrine system, preventing production of pituitary and gonadal hormones	Production of anti-GnRH antibodies by the immune system, neutralising endogenous GnRH activity. This results in a reduction of FSH and LH production by the anterior pituitary and, ultimately, in a reduction of ovarian follicular development and /or inhibition of testosterone secretion from the testes and spermatogenesis.	Interference with fertilization by thickening cervical mucus, interrupting gamete transport, disruption of implantation, inhibition of LH surge necessary for ovulation	Interference with fertilization by thickening cervical mucus, interrupting gamete transport, disruption of implantation, inhibition of LH surge necessary for ovulation	Anti-estrogenic activity. Interference with fertilization by thickening cervical mucus, interrupting gamete transport, disruption of implantation, inhibition of LH surge necessary for ovulation. Progestogen contraceptives are associated in felids with progressive uterine growth that can result in infertility, infections, and sometimes uterine cancer; mammary tissue stimulation can also result in cancer.	Anti-estrogenic activity. Interference with fertilization by thickening cervical mucus, interrupting gamete transport, disruption of implantation, inhibition of LH surge necessary for ovulation	Anti-estrogenic activity. Interference with fertilization by thickening cervical mucus, interrupting gamete transport, disruption of implantation, inhibition of LH surge necessary for ovulation	Castration and Ovariohysterectomy/ovariectomy - recommended Permanent contraception by surgical gonadectomy, with similar side effects to those in domestic species - weight gain, loss of secondary sex characteristics Vasectomy - Caution Surgical procedure in which the ductus deferens are cut, tied, cauterized, or otherwise interrupted. Generally considered irreversible though reversible techniques have been successful in certain species. Vasectomy of males will not prevent potential adverse effects to females from prolonged, cyclic exposure to endogenous steroids associated with the obligate hormonal pseudo- pregnancy that follows ovulation in most felids. Endogenous steroids and steroid contraceptives cause similar side effects.
	Sub-cutaneous, in a place where it can be easily detected or seen for removal at a later date (I.e. Upper inner arm); refer Suprelorin fact sheet for effective method of implant placement (tunnelisation)	Injectable	Injectable intramuscular or subcutaneously	Intramuscular or subcutaneous. EGZAC recommends sub-cutaneous, upper inner arm for visibility (aid for later removal)	Intramuscular or subcutaneous. EGZAC recommends sub-cutaneous, upper inner arm for visibility (aid for later removal)	Orally daily		Injectable subcutaneously - do not injec intradermally or into subcutaneous fat o scar tissue	
Females	RECOMMENDED	Data deficient	Data deficient	Not recommended	Not recommended	CAUTION - see side effect below	CAUTION - see side effect below	Not recommended	Ovariohysterectomy/ovariectomy recommended
Dose	GnRH agonist are considered the safest reversible contraceptives, but dosages and duration of efficacy are not well established for all species; side effects are generally similar to those associated with gonadectomy, especially the potential for weight gain unless diet is controlled. Dosages and duration of efficacy have not been well established for exotic felid species. As a guide: 1 x 4.7 mg for a minimum of 6 months; 1 x 9.4 mg for a minimum of 12 months.		Two injections of 400ug are given 5 weeks apart and boosters are usually administered every 4 months, although duration can vary between species.			2-5mg/kg daily orally for seasonal breeders but not more than for 2 consecutive seasons. Or used avoid the stimulation phase associated with GnRH implant (see GnRH recommendations)	5mg/kg body weight every 2 months for no more than 2 consecutive seasons. If a progestin is used, treatment should only be short term, because of the increased likelihood of side effects with prolonged exposure.		
Latency to effectiveness:	3 weeks average as GnRH agonist initially stimulates the reproductive system- please refer to Deslorelin datasheet on this website for detailed information - separation of the sexes or additional contraception is needed during this time in order to suppress the initial stimulation phase (see product data sheet. ~2mg/kg Megestrol acetate pills /Ovarid® daily 7 days before and 8 days after has been used to suppress initial stimulation phase). Treatment MUST commence when the female is in anoestrus.		Latency to effectiveness can be up to 6 weeks so separation of the sexes is recommended if possible.			If a progestin is used in felids, treatment should start well BEFORE any signs of proestrus, since the elevated endogenous oestrogen can exacerbate side effects of the progestin.	If a progestin is used in felids, treatment should start well BEFORE any signs of proestrus, since the elevated endogenous oestrogen can exacerbate side effects of the progestin.		
	Initial oestrus and ovulation (during the 3 weeks of stimulation) may occur and then no oestrus cycle. To supress the initial oestrus and ovulation with the concomitant progesterone production and the associated deleterious effects of this you MUST follow the megestrol acetate protocol mentioned above.		In a group of 57 mares, 50% were anoestrus after the primary vaccination and 100% after the booster vaccination, the interval from treatment to anoestrus was 2-3 weeks.						
Use during pregnancy:	Not recommended		Unknown	Progestins should not be used in pregnant animals, since they may suppress uterine contractions necessary for normal parturition. Thus, progestins should only be administered to females CONFIRMED non-pregnant.		Progestins should not be used in pregnant animals, since they may suppress uterine contractions necessary for normal parturition. Thus, progestins should only be administered to females CONFIRMED non-pregnant.	Progestins should not be used in pregnant animals, since they may suppress uterine contractions necessary for normal parturition. Thus, progestins should only be administered to females CONFIRMED non-pregnant.		

Animal name: Eurasian lynx (Lynx lynx)

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Use during lactation:	No contraindications once lactation established		Unknown						
Use in prepubertals or juveniles:	Data deficient. Deslorelin suppresses gonadal steroids; its use may delay epiphyseal closure of the long bones, resulting in taller individuals, similar to the effects of pre- pubertal spaying and neutering in domestic cats and lions. GnRH agonist use in prepubertal domestic cats was followed by reproductive cycles after treatment ceased however, species differences may occur.		Unknown						
Use in seasonal breeders:	Data deficient. Should start at least 1 month prior the breeding season. In females, GnRH agonists can induce oestrus and ovulation even during the non-breeding season in some taxa		Unknown but if used should be done at least 6 weeks prior to the breeding season. Effective in the horse. Use before cycling starts at the onset of the breeding season.			If a progestin is used in felids, treatment should start well BEFORE any signs of proestrus, since the elevated endogenous oestrogen can exacerbate side effects of the progestin.	If a progestin is used in felids, treatment should start well BEFORE any signs of proestrus, since the elevated endogenous oestrogen can exacerbate side effects of the progestin.		
Duration	Duration of efficacy has not been well established as a guide: 4.7 mg implants will suppress for a MINIMUM of 6 months; 9.4mg will be effective for a MINIMUM of 12months. The average duration of efficacy however is ~1 year for 4.7mg and ~2 years for 9.4mg. Individual variation occurs but durations tends to be regular for a particular individual's contraceptive bout.		Unknown for most of species. Improvac [®] induces an immune response that generates short-lived antibodies in the domestic pig (antibody production starts to decline ~7-8 weeks following second injection). Suppresses oestrus for a full season in mares after the first booster.				Duration of efficacy, and thus latency to conception following last injection can be extremely variable and has been seen to vary from 4 weeks to 2 years in some individuals. In general, the recommended dose (2.5-5mg/kg body weight) is effective for at least 2 months in most species. Treatment should only be short term, because of the increased likelihood of side effects with prolonged exposure in felids.		
Reversibility	Deslorelin is generally considered reversible. 1/3 females in our database that had been allowed to breed following their implants reversed. Time to conception was 2.5 years following the estimated date of implant expiry. It is recommended to place the implants creating a subcutaneous tunnel to avoid breakage in a place (like the inner arm) where could be easily detected later for removal to aid reversal if this is desired.		It must be taken in to consideration that younger individuals will take longer to reverse in comparison to older individuals. Improvac is not designed to be reversible, although reversibility has been demonstrated in some wild animal species. We do not have any records of reversal in this species.				Data deficient. The only female in our database that was allowed to breed successfully gave birth two cubs 2 years after her first injection.		
Effects on Behaviour	Similar to those seen with gonadectomy but reversible.		Similar to surgical castration but short-acting (duration of antibody effect).						
Effects on sexual physical characteristics	Similar to gonadectomy but should be reversible. Weight gain has also been observed.		Similar to surgical castration but short-acting (duration of antibody effect).						
Males	Data deficient	Data deficient	Data deficient	Not recommended	Not recommended	Not recommended	Not recommended	Not recommended	Castration recommended; vasectomy caution
Dose	 Data deficient. As a guide: 1 x 4.7 mg for a minimum of 6 months; 1 x 9.4 mg for a minimum of 12 months. Generally deslorelin not used for contraception in males as effectiveness is harder to monitor (ensuring continued absence of sperm requires regular ejaculate examination). It can, however, be used to ameliorate aggression in males of some species. Keep away from females at least 2 months after implant as in vasectomy. 		Two injections of 400ug are given 5 weeks apart and boosters are usually administered every 4 months, although duration can vary between species.						N/A
Latency to effectiveness:	Depending on the species there may be fertile sperm present in vas deferens for 6-8 weeks post treatment or even longer. Testosterone decreases after 3-4 weeks but sperm can stay fertile for many weeks after. Research in black flying foxes shows reduced sperm motility after 1 month and aspermic ejaculations after 5 months.		Latency to effectiveness can be up to 6 weeks so separation of the sexes is recommended if possible.						Post-vasectomy allow 6-8 weeks post surgery to ensure no viable sperm is in the ejaculate. Keen sexes apart during this period or contracept the females
Use in prepubertals or juveniles:	Data deficient in this group, see product information sheet. Deslorelin suppresses gonadal steroids, its use may delay epiphyseal closure of the long bones, resulting in taller individuals, similar to the effects of pre-pubertal spaying and neutering in domestic cats. GnRH agonist use in prepubertal domestic cats was followed by reproductive cycles after treatment ceased. However, species differences may occur. There appear not be any such problems in cheetahs.		Data deficient						
Use in seasonal breeders:	Data deficient. In males, GnRH agonists can transiently stimulate testosterone production even during the non- breeding season. Treatment should begin more than two months prior to the anticipated breeding season to prevent initiation of spermatogenesis, because it appears that suppression of sperm production is more easily accomplished before it has commenced.		Unknown but if used should be done at least 6 weeks prior to the breeding season. Effective in the horse. Use at the onset of the breeding season before cycling starts.						

Duration and Reversibility	Duration of efficacy has not been well established as a guide: 4.7 mg implants will suppress for a MINIMUM of 6 months; 9.4mg will be effective for a MINIMUM of 12months. Deslorelin is designed to be reversible however, we do not have any records of reversal in this species. We 4 records of reversal in other felid species: one cheetah implanted with 2x 9.4mg implants showed a return of sperm 4 years after being implanted, and three domestic cats implanted with 1x 4.6mg implants, all of which showed a return of sperm towards the end of the estimated implant expiry (6 months).	Unknown for most species. Improvac® induces an immune response that generates short- lived antibodies in the domestic pig (antibody production starts to decline ~7-8 weeks following second injection). This lasts ~ 5 to 9 months in bull elephants when used for the control of musth. Improvac is designed to be fully reversible; there are currently no reversals on the database however; studies have shown reversibility in equids within a two year period. It must be taken in to consideration that younger individuals will take longer to reverse in comparison to older individuals.				Vasectomy is generally considered irreversible however, some successful reversible techniques have been used in certain species, but no publications in exotic felids.			
Effects on Behaviour	Testosterone related aggression is likely to decrease. Data deficient in this group, see product information sheet.	Similar to surgical castration but short-acting (duration of antibody effect). Decrease male aggression due to down regulation of testosterone synthesis.				Vasectomy does not affect male behaviour. Castration will alter male sexual behaviour and may alter aggression if related to male hormones.			
Effects on sexual physical characteristics	Data deficient in these taxa. Likely that body size may decrease, decrease testicular size, feminisation of males. Similar to gonadectomy but reversible. In cheetahs, use for up to 10 years has not reduced body size or weight. There have been no signs of feminisation and behaviour, excepting that aggression is normal in the group situation.	Similar to surgical castration but short-acting (duration of antibody effect).				Vasectomy - no loss of secondary sex characteristics Castration - results in loss of secondary sex characteristics.			
General:									
Side effects	Deslorelin first stimulates then suppresses oestrus in females. Species with induced ovulation (e.g., felids, some mustelids, and bears) may ovulate and become pseudo- pregnant (which also occurs in canids) when first treated. In males, initial stimulation may be accompanied by increased aggression or sexual interest. Oestrous behaviour or even copulation may occur during a transition phase near the end of the period of contraceptive efficacy. Pseudopregancy, endometrial hyperplasia and pyometra may be associated with the use of GnRH agonist as a result of high progesterone levels during the stimulation phase. A more recently developed Suprelorin®/ deslorelin protocol using Ovarid®/megestrol acetate to prevent the initial stimulation phase, followed by implant removal when reversal is desired, may be a safer contraceptive option.	need to inject deep intramuscular in elephants	Risk of pseudopregancy, endometrial hyperplasia and pyometra increases with exposure to prolong circulating progestogens/ progesterone	Risk of pseudopregancy, endometrial hyperplasia and pyometra increases with exposure to prolong circulating progestogens/ progesterone	Progestogen contraceptives are associated in felids with progressive uterine growth that can result in infertility, infections, and sometimes uterine cancer; mammary tissue stimulation also can result in cancer. Risk of pseudopregancy, endometrial hyperplasia and pyometra increases with exposure to prolong circulating progestogens/ progesterone Risk of pseudopregancy, endometrial hyperplasia and pyometra increases with exposure to prolong circulating progestogens/ progesterone	Vasectomy of males will not prevent potential adverse effects to females from prolonged, cyclic exposure to endogenous steroids associated with the obligate hormonal pseudo- pregnancy that follows ovulation in most felids. Endogenous steroids and steroid contraceptives cause similar side effects.			
Warnings	Causes initial gonadal stimulation that MUST be suppressed; correct administration essential - see product information sheet	It should be handled with extreme care to avoid handler accidents. EGZAC recommends always reading the manufacturer's data sheet			SHOULD NOT BE USED PRIOR TO GnRH IMPLANT PLACEMENT Depo-Provera® should not be substituted for megestrol acetate, because its initial high levels and prolonged release can interfere with Suprelorin® efficacy.	Precautions - Vasectomy is not recommended for species with induced ovulation because mating will result in female pseudopregnancies with prolonged periods of progesterone elevation, which can cause pathology of uterine and mammary tissue. Endogenous progesterone and progestin contraceptives cause similar disease. In lions vasectomy commonly results in repeated mating many times without ovulation. Females get tired of being harassed and sometimes this results in fighting between sexes. As a result some collections have resorted to "switching off" females with deslorelin when they have a vasectomised male.			
Reporting Requirements: In order to increase our knowledge of the efficacy of contraception methods in felidae it is recommended that all individuals on contraception be reported to EGZAC									
References: 1) Dematteo, KE. (2005) Contraception in carnivores. In: Wildlife Contraception: Issues, Methods, and Applications. Baltimore: Johns Hopkins Press. 105-118.									
Disclaimer: EGZAC endeavours to provide correct	Disclaimer: EGZAC endeavours to provide correct and current information on contraception from various sources. As these are prescription only medicines it is the responsibility of the veterinarian to determine the dosage and best treatment for an individual								